

Way To Be Healthy...



# "Sarvaswam" .... Way to be healthy.

Sarvaswam Wellness Services Pvt. Ltd. has evolved into a leading provider for Wellness, Occupational Health and Holistic Health Services for corporates in Western India.

Since 2014 Sarvaswam has produced significant and measurable improvements in the quality of care and efficiency at some of the well known industry leaders. This is result of our wide array of capabilities and infrastructure which includes:

- Multispecialty Clinics specially designed to efficiently process high volumes of range of medical services
- Large pool of specialised medical staff for on site or visit based allocations
- High end asset pools including ambulances and medical devices
- Management team with over 80 years of combined industrial wellness experience in highly mature setup
- Matured processes and standardisation to deliver high quality outputs
- Carefully designed training programs and control mechanism to enable our resources to deliver high quality with consistency
- State of art cloud based software specially designed and matured by our team

### **Our Team**





#### DR. VIJAY PATEL

(MBBS, AFIH, PGDHA) Family & Occupational Health Physician Approved Medical Examiner for Seafarers (MoS) Director



#### DR. KEVIN DALSANIA

(MBBS, PGCIH, DHHM) Family & Occupational Health Physician Lead Auditor OHSAS 18001:2007 Director



DR. PUNAM CHAUDHARI

(MBBS) Family Physician Adviser



#### **MR. RAJESH UPADHYAY**

Executive Director Environment, Health & Safety



**MR. CHANDRAKANT PATEL** 

Lead Auditor IMS & Wellness Expert B.E. (Civil), M.E. (Environmental Engg.) P.G. Dip. In Business Management P.G. Dip. In Guidance and Counseling P.G. Dip. In Wellness Management



# **OUR OFFERRING**



body and spirit connection and the importance of balancing all aspects of

one's life

Ensures healthy balance of the mind, body and spirit that results in an overall feeling of well-being

all occupations



## **Multispecialty Clinic**

- Ambulance Services
- Audiometry
- Counseling Center
- Day Care Center
- Electrocardiography
- e-Opinions
- Family Medicine Consultants
- First Aid Kits
- Health Check ups
- Laboratory
- Pulmonary Function Test
- Ultrasonography
- Vaccination
- vaccination
- ⇒ X-ray

### **Occupational Health Services**

- Audits
- Awareness & Wellness Programmes
- First Aid Training
- First Aid Box
- Health Care Management Software
- Industrial Hygiene Survey
- Legal Compliance Assistance
- Man Power Supply
- Medical Documentation & Record keeping
- Medical Mock Drill & Evacuation Plan
- Medical Operation Control Procedures
- Occupational Health Center Establishment
- Occupational Health Hazard Assessment
- Periodical Health Bulletins
- Pre Employment & Periodical Health Check ups
- Trend Analysis
- Vaccination
- Work Specific Fitness

- - Way to be Healthy ...

### **Holistic Health Services**

- Weight Reduction Program
- Basic Yoga Program
- Advance Yoga Program
- Stress Management Program
- Work Life Balance Program
- Preg Yoga Workshop
- Super Memory Power Workshop
- Divine Mind Power Workshop
- Positive Parenting Workshop
- Made for Each Other Workshop
- Life Style Management Workshop
- De-addiction Workshop
- Homeopathy Consultation
- Personal Diet Consultation



Way to be Healthy...

### Some Of Our Clients







- **Directorate General of Shipping**, India approved Medical Examiner for Sea farers
- Directorate General of Civil Aviation, India approved Class-II Medical Examiner for Aviation Staff



#### • Occupational Health Center Designing, Development & Establishment

We have expertise in designing and developing Occupational Health Center according to the legal & other requirements and best practices. Set up will be configure with Excellent quality Hospital furniture, instruments & equipment's. Attractive ambiance and perfect utilization of space are key features of the OHC establishment. Just call us and we will deliver better than your expectations.

#### • Legal Compliance assistance

Our Doctors & EHS professionals will assist to comply legal & statutory requirements applicable to your organization such as The Factories Act 1948, The Gujarat Factories Rules 1963, OHSAS 18001:2007, Building & other construction workers act 1996, Bio Medical Waste (Management & Handling) Rule 1998, Drug & Cosmetic Act & others.

#### • Site Medical Services (Medical Staff Manning)

We are providing medical professionals such as doctors (MBBS, AFIH/PGCIH, paramedics (BSc, GNM), Crèche Staff, first aiders, laboratory technicians, ambulance drivers etc. Qualified and committed medical professionals will work to cater for all your health care needs. All statutory compliances like PF, ESIC, Bonuses, Leave, Minimum Wages is completely managed as per government norms.



#### Occupational Health Hazard Assessment

The aim of occupational Health Hazard Assessments is to systematically and proactively identify health hazards in the workplace, assess their potential risks to health and determine appropriate control measures to protect the health and well being of workers. Workforce protection should be seen in the context of a vision of 'Zero Harm'-ensuring that a workplace culture is embraced that recognizes occupational illnesses are preventable, that ensures repeat occurrences of occupational disease do not occur, and promotes the setting and implementing a consistent set of standards to prevent occupational illness.

Our Occupational health & hygiene experts and EHS professionals will carry out detailed survey of your workplace based on tasks performed and identify the risk involved in such activities.

#### • Industrial Hygiene Survey

Industrial hygiene is the science of anticipating, recognizing, evaluating, and controlling workplace conditions that may cause workers' injury or illness. Industrial hygienists use environmental monitoring and analytical methods to detect the extent of worker exposure and employ engineering, work practice controls, and other methods to control potential health hazards. A work site analysis is an essential first step that helps an industrial hygienist determine what jobs and work stations are the sources of potential problems.

During the work site analysis, the industrial hygienist measures and identifies exposures, problem tasks, and risks. Our industrial hygienist will inspect, research, or analyze how the particular chemicals or physical hazards at that work site affect worker health. If a situation hazardous to health is discovered, we will recommend the appropriate corrective actions.



#### Health Check ups

#### **Pre-employment Health Check up:**

To assess mental and physical status of the employee for a specific job, To record baseline health data, To recruit fit employees at work, To reduce economic burden on the organization due to unfit employee, to comply with legal requirements.

#### **Periodical Health Check up:**

To assess mental & physical health status of employee, To assess impact of work specific health hazard on individual, For early diagnosis & treatment, for job rotation based on analysis, to comply with legal requirements. Customized test package as per work/industry specific, legal compliance/Statutory requirements (The Factories Act 1948, Gujarat Factory Rules, 1963, Building & other construction workers act 1996, OHSAS 18001:2007 and applicable laws)

#### Healthcare Management Software & Maintenance

Health Care Management Software is one platform to manage all health care processes, medical records & documentation at your finger tips, allowing easy management and control of your medical center. From patient registration to prescription printing and from inventory management to analysis reports all at your ease & comfort, saving valuable time and resources at your center. Our versatile combination of medical professionals & software experts whose combine capabilities serve the clients in much effective way. Our composite team takes the full responsibility of software implantation; train the client to use and execute the software application in real-time environment with confidence and competence, thereby deriving full benefit from the software application.



#### Training & Awareness Programme

Training and awareness programs through interactive sessions, audio visual aids and practical demonstration are best tools to acquire skills and knowledge on any subjects. Our professions have master the art. We are providing trainings and awareness programs on various subjects and topics and also providing certification for the courses. We also impart lecture talks and training according to needs and requirements of institutes/organisations.

- First Aid Training
- Basic Life Support & CPR Training
- Advance Cardiac Life Support Training
- Advance Trauma Life Support Training
- Infectious Disease Awareness & Prevention
- Blood borne & Water borne Diseases Awareness & Prevention
- AIDS & STD Awareness
- Office Ergonomics
- Life Style Diseases
- Balance Diet
- Exercise & fitness
- Yoga & Pranayam



#### Ambulance & Patient Transfer Support

Ambulances having state of art equipment and staffed by highly trained, dedicated, patient focused personnel.

- Basic Life Support Ambulance Vehicle with equipments (BLS)
- Advance Life Support Ambulance Vehicle with equipments (ALS)
- Advance Cardiac Life Support Ambulance Vehicle with equipments (ACLS)

• Liasioning with Primary, Secondary and Tertiary Health Care Providers

### **Corporate Wellness Programs**

- Allows detection of any health issues at an early stage.
- Protects the workforce from any work-related illnesses or dangers.
- Providing data to help employers evaluate health risks and to introduce better controls to prevent them getting worse.
- Reduces absenteeism & reduce cost of absence to organization.
- Enable employees to return to work sooner.
- Reduced staff turnover.
- Reduced health care costs.
- Providing an opportunity to reinforce training and education of employees.
- Healthy workers are more productive.
- Improved sense of well-being and reduced stress amongst workers.
- Provides employees with confidence and trust in their duties and their employer.
- Improves staff morale and job satisfaction.









- State of the art Occupation Health Center at Ankleshwar, Dahej & Vapi
- Launch of Cloud base Health Care Management System
- Occupational Health Training & Skill Development Institute

## Sarvaswam Multispecialty Clinic





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### Infrastructure:

Two OPD rooms Fully equipped emergency room Clinical & Pathological Laboratory Comfortable waiting area Reception Fully Air conditioned Computerized Health Care Management System Elevator

### Health Care Staff:

Three Full time doctors Qualified & highly experienced Nursing Staff Full time Lab Technicians Visiting Pathologist Visiting Specialty Consultants Affiliated Radio diagnostic Center

#### **Facilities:**

ECG Pulmonary Function Machine Audiometry Otoscope Ophthalmoscope Nebulization Oxygen Pulse Oxymeter Suction Machine Emergency Instruments Surgical & Dressing Instruments



### **Contact us**

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